

Rawhide's Adventure Camp

Frequently Asked Questions

1) How much money should I bring?

You may bring up to \$15 for souvenirs if desired. You may rent sleeping bags (\$10), thermarests (\$10), sleeping bag and thermarest (\$15), crazy creek chairs (\$5) sunglass straps (\$5) and mosquito nets (\$5). Please note: If you plan to rent (\$10) or purchase (\$35) a sleeping bag or (\$10) pillow, you will not need to bring one of your own. We suggest limiting your cash to a \$50 maximum unless you are planning to purchase a sleeping bag for \$35.

2) Who do I pay for the balance due on my trip?

Final payment is due to Rawhide two weeks prior to your trip. ***Please make checks payable to Rawhide Adventure Camp and mail to E7475 Rawhide Road, New London, WI 54961. \$50 deposit is non-refundable. If problems should arise it is at Rawhide's discretion to call parent or guardian to pick up your son. Parent/Guardian must be available at all times via phone in case of emergency evacuation or behavioral difficulties requiring your son to be removed from camp.***

3) Do I need a Health Form/Physicians Authorization?

Everyone needs a Health Form and Informed Consent Form. If you are under 18 they will need to be signed by your parent/guardian. If you are under 18 years of age and have any medical prescriptions, a Physician's Authorization to Dispense Medication Form must be completed and signed by your prescribing doctor. Your medication (in its original container with instructions) will be held and distributed to you by your leaders throughout your trip.

State regulations require that all prescription medications brought to camp **MUST** include written instructions from a physician. If medications are needed during the camp week, please be sure to have your prescribing physician fill out the **Physician's Authorization to Dispense Medication form** (this form can be downloaded at www.rawhide.org/summercamp). Medications CANNOT be dispensed without this form. ***Medications need to be in the original prescription bottle/container with instructions showing the camper's name and an expiration date.*** Unless absolutely necessary, please do not bring non-prescription medications or vitamins. Basic non-prescription medications and first aid items are kept on hand.

4) Can I bring extra snacks?

We discourage you from bringing extra snacks on the trip. We provide an adequate amount of food for your daily intake. Breakfasts usually include a protein, carb, and fruit (i.e. pancakes, sausage, & applesauce). Dinners will include a protein, carb, and vegetables (i.e. spaghetti with meat sauce, garlic bread, & green beans). Lunches are light and on-the-move. They consist of crackers, cheese, sausage, gorp, granola bars, drink mix, and other snacks.

5) Can I bring soda and candy?

No. Please do not bring soda or candy with you on the trip.

6) What if I have food allergies?

Please let your leader know of any food allergies that you have so that they can communicate that to us. We will do what we can to provide a modified diet, however, food allergies that require major diet changes are best dealt with by you before you come on the trip. We are glad to modify a person's food by taking out certain items if you cannot eat them (i.e. taking peanuts out of the trail mix). Bring supplement items if this is a concern. ***If your son has an allergy to any peanut products, dairy, or gluten, please let Rawhide know as soon as possible.***

7) Will I have enough room in my barrel?

Each person will be given their own "blue barrel" for river trips to carry their gear in. The barrel is the size of a large overnight hiking backpack. If you want to make sure you have enough room, stick to the "Adventure Camp Packing List" you were given. The packing list is also available for download on our website at www.rawhide.org/camp. Make sure your sleeping bag is compactable (9" X 20" when stuffed); this usually takes up the most room. If you are not sure about your sleeping bag, plan to rent one for the canoeing portion of the trip. If you plan to rent (\$10) or purchase (\$35) a sleeping bag or (\$10) pillow, you will not need to bring one of your own.



8) Do I have to take the swim test?

Everyone is required to take a swim test each year. Our trip leaders need to know your abilities for safety precautions on the river. If you choose not to take the swim test, you will be required to wear your life vest whenever you are near or in the water...including while in a canoe.

9) How long will we canoe each day?

Every day is different on the river. The average amount of paddling you will do is 4-5 hours per day. Some days will be shorter or longer depending on the location of the campsite, needs of the group, and destination of the day. There may be some light hiking offered once at camp but it is not required.

10) Can I bring my cell phone or iPod?

No. Once you arrive at Rawhide, headphones, MP3 players, iPods, Gameboys, or cell phones will not be allowed. If these items are discovered they will be confiscated and returned to parents at the end of the week.

11) Is there a dress code?

Clothing with questionable words or graphics is not to be worn. Undergarments must be worn and should not be visible. Swimwear must be of the trunk style and is to be worn on the river or beach and going to and from the river or beach only.

12) Should I bring warm clothes?

Please see the "Packing List" to ensure you have the right clothes for the trip.

13) Can I bring flip flops?

You may bring flip-flops; however they may **only be worn as your second pair** of shoes at the campsite. While you are canoeing or climbing we want your feet to be safe and insist that you wear buckle-on water sandals (i.e. Teva), water shoes, or aqua sox.

14) Can I have a pocket knife?

No. Please do not bring a pocket knife or any of the other items on the "What not to bring" list. If these items are discovered they will be confiscated and returned to parents at the end of the week.

15) Can we bathe in the river?

It is not a good idea to bathe in the river. Many of the soaps/shampoos that we use are harmful for the environment. You will have plenty of time to swim and rinse off in the river and then you can look forward to your shower when you get back to camp.

16) Can I leave my belongings in the cabin?

If you find that you have extra items left after packing your barrel and your transportation has left, we have a special closet that you may keep your extra items in. The closet is safe and will be locked. Please do not leave extra clothing, bags, or pillows in the cabins; our accommodations crew will take them to our lost and found area.